



The ODG by MCG Duration Tab

The ODG by MCG Duration tab allows users to target, benchmark, and export return-to-work guidelines at the claim level, securing an early release to return-to-work with appropriate job modifications. The Duration tab also allows simple identification of risks, using a tiered and color-coded Risk Assessment Score scale, which ensures resource optimization and interventional triage, with real-time claim risk assessment. In addition, the Duration tab provides consumer-friendly educational tools, including videos and referential content in non-technical terms, which can be shared directly with the claimant.

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Using the ODG Duration Tab

Search for anything, e.g., "carpal tunnel" REFINE

Home **Duration** Treatment TAO Index Formulary Costs

Quick Search

- Duration
- Treatment
- Cost

Duration projections are generated by condition and/or procedure using medical topics and medical codes. You can find conditions in a variety of ways (type a keyword in the Search field, click on the Duration tab, click on a body area in the human body graphic, or click on one of the top conditions listed at the bottom of the Home screen). Once the condition(s) is selected, it will be “pinned” below the Search field, which indicates that any information populated refers to the one or more conditions pinned. For example, the images below show either one topic pinned (left) or multiple topics pinned (right).

Search for additional conditions

Low back sprain x

Search for additional conditions

Low back sprain x Radiculopathy x Back pain x

Components of the Duration Tab

Return-to-Work (RTW) Durations

The Duration Tab provides RTW Average & Best Practice durations at diagnosis or claim level.



Duration Guidelines start at the diagnosis level, though they can be refined to become [claim specific](#).

Value A – The A (Average) value provides the average of all lost-time claims excluding the outliers (top 5%), which better reflects a typical lost-time claim.

Value B – The B (Best Practice) value represents a reasonable expectation for a well-managed, top tier claim. This value is based on physiological recovery time, which is informed by the data while also undergoing an annual peer review and consensus process by the ODG Editorial Advisory Board, consisting of about 100 physicians.

This screen can be configured at the login level to add C (clinical minimum) and M (MMI - maximum medical improvement). [Contact us](#) to set this up.



Refining to the Claim Level

The page can also be refined to become claim-specific by adding confounding factors, age, state, job class, and claim type – all factors that affect disability duration projections and goals, as well as risk. Click the “Refine” button next to the Search bar to adjust.

Refine Results

DOL Job Class 1

State 2

Claimant Age 3

Date of Injury 4

Target RTW Date 5

Claim Type 6

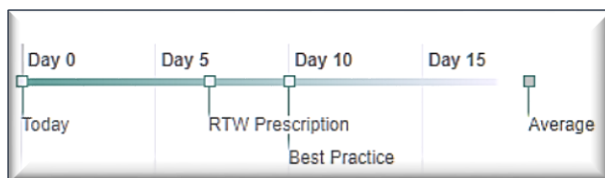
Confounding factors 7

Depression/PTSD/Psychosocial
 Diabetes
 Hypertension
 Legal Representation
 Obesity
 Smoker
 Opioids
 Substance Abuse
 Surgery or Hospital Stay

CLEAR 8 **CLOSE** 9

To refine durations, enter any known claim information, such as **DOL Job Class (1)**; **State (2)**; **Claimant Age (3)**; **Date of Injury (4)**; **Target RTW Date (5)**; & **Claim Type (6)** as well as any **Confounding Factors (7)**. These additions will impact the A and B Values as well as Risk Assessment Score.

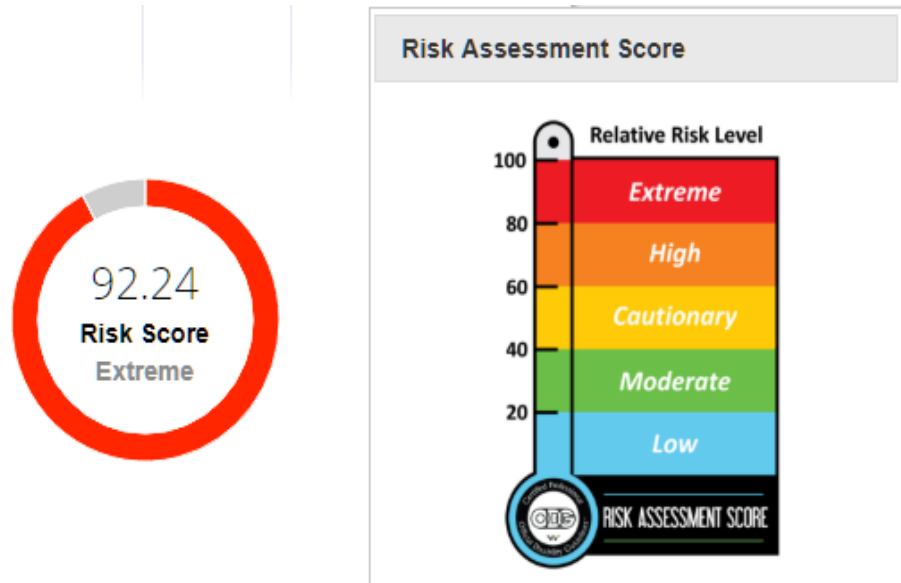
RTW Timeline



The RTW Timeline provides dynamic, configurable visual cues and alerts for key dates, such as the deadline to send a provider the [RTW Prescription](#) with sufficient time to meet the Best Practice RTW Date and Average RTW date. [Contact us](#) to add other alerts and triggers to the timeline, for example, escalating a claim from telephonic case management to field case management, ordering an IME, etc.

Risk Assessment Score

The Risk Assessment Score facilitates resource optimization and interventional triage with real-time claim risk assessment.



While only 15% of claims score ≥ 60 , eighty percent (80%) of all costs can be attributed to these claims. The Risk Assessment Score is helpful because it allows the user to identify those high-risk claims from the start, and then bring in early intervention by case management and other resources, which leads to reduced durations and earlier return-to-health.

Condition Name with Description

Search by Topics, each with a detailed description, providing a high-level overview in consumer-friendly terms.

Back sprain

Injury to the ligament (sprain) or to the muscle (strain) of the lower back. Sprains and strains are usually accompanied by tearing of the tissue as well as symptoms of pain, limited motion, swelling, bruising, and/or change in sensation.

Job Class Table

The Job Class Table allows the user to easily identify durations based on DOL Job Class. Users can also override the model's ideal duration projection (B value) by selecting a specific scenario based on severity of condition, treatment approach, and type of work. Select one of these scenarios to replace the B value from the model with the target duration from the pathway.

All Classes	Sedentary	Light	Medium	Heavy	Very Heavy
Scenario			Activity Level		Duration in Days-
Mild (grade I), clerical/modified work			Modified		0 Days
Severe (grade II-III), clerical/modified work			Modified		0-3 Days
Mild, manual/heavy manual work			Regular		7-10 Days
Severe, manual work			Regular		14-17 Days
Severe, heavy manual work			Regular		35 Days

MedlinePlus

Below the condition name is a link to MedlinePlus, provided by the National Library of Medicine's website for consumer health information. MedlinePlus contains the world's largest medical library, providing information about diseases, conditions, and wellness issues in easy-to-understand terms. The reliable, up-to-date health information, which can be shared with claimants, is also available in Spanish.



Videos

Short, animated overviews of the diagnosis in non-medical, non-technical terms are provided by Visual Health Solutions.



An animation showing spinal anatomy and how strain on the muscles and/or ligaments attached to the vertebrae could cause back pain.

Codes Related to Topic

This section identifies the corresponding ICD 9 and ICD 10 codes, allowing the user to further refine durations. Scroll through all associated diagnosis codes, or filter by specific code number using the search field and select one to pin it to the claim.

Codes related to this topic

▸ ICD 9 Codes ▲

▾ ICD 10 Codes ▲

Show entries Search:

ICD Code	Description
M54.5	Low back pain
S23.3	Sprain of ligaments of thoracic spine
S29.002	Unspecified injury of muscle and tendon of back wall of thorax
S29.012	Strain of muscle and tendon of back wall of thorax
S29.022	Laceration of muscle and tendon of back wall of thorax
S29.092	Other injury of muscle and tendon of back wall of thorax
S33.5	Sprain of ligaments of lumbar spine

Capabilities & Activity Modifications

The Activity Modifications define “modified work” and “regular work” based on the condition, to help set return-to-work goals and expectations for the treating doctor, employer/supervisor, and injured worker. These can be pre-populated in the [RTW Prescription](#) form, which is available for sending to the treating provider to review and sign off on.

Capabilities & Activity Modifications for Restricted Work

Modified work

Lifting with knees (with a straight back, no stooping) not more than 5 lbs [2 kg] up to 3 times/hr; squatting up to 4 times/hr; standing or walking with a 5-minute break at least every 20 minutes; sitting with a 5-minute break every 30 minutes; no extremes of extension or flexion; no extremes of twisting; no climbing ladders; driving car only up to 2 hrs/day.

Regular work

Lifting with knees (with a straight back) not more than 25 lbs [11 kg] up to 15 times/hr; squatting up to 16 times/hr; standing or walking with a 10-minute break at least every 1-2 hours; sitting with a 10-minute break every 1-2 hours; extremes of flexion or extension allowed up to 12 times/hr; extremes of twisting allowed up to 16 times/hr; climbing ladders allowed up to 25 rungs 6 times/hr; driving car or light truck up to a full work day; driving heavy truck up to 4 hrs/day.

Export and Share (RTW Prescription)

All of the information in ODG by MCG is designed to be easily exported and shared. Click on the “Print” button to print the information as is, save as a PDF, or export as a RTW Prescription form to secure release to work, which the treating doctor can then use to review and sign off on or modify return-to-work goals and activity restrictions. This tool can also be helpful as a guide for the injured worker and employer/supervisor.

 **Print**

 **Copy URL**

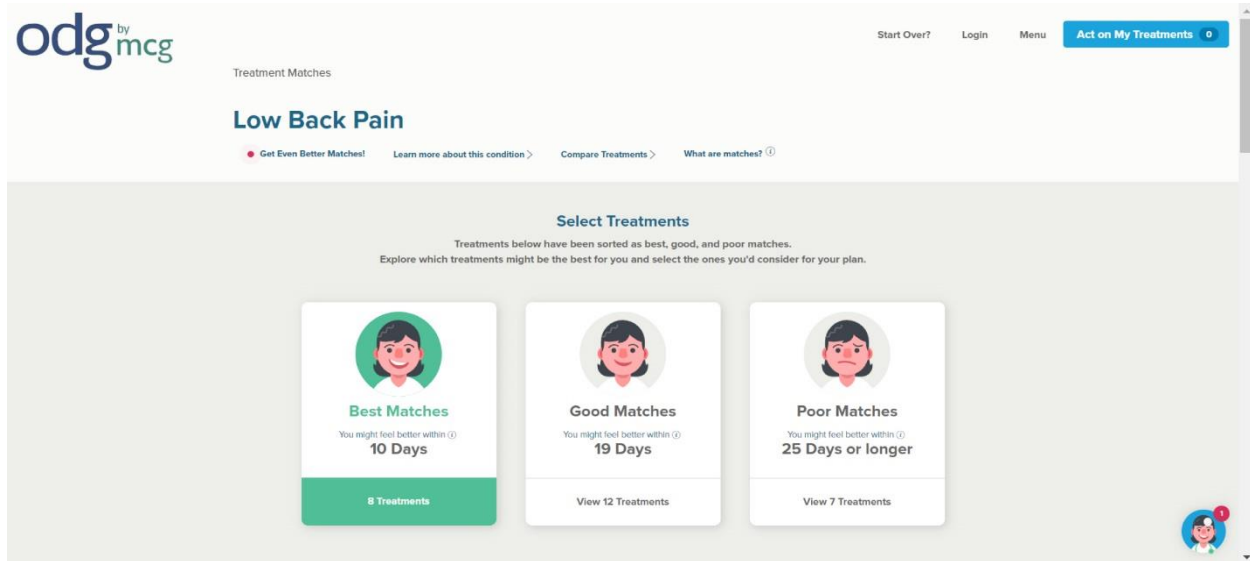
Print Page

RTW Prescription

Functional Abilities Form

Return to Health

The Duration tab interfaces with [WiserTogether](#), which provides a consumer-facing application to help patients make informed health care decisions that can be easily shared directly to their patient portal. This application is available on a trial basis or can be permanently added to your subscription for an additional fee. [Contact us](#) for more information.



For more information on how to use the Duration Tab or other components of ODG by MCG, contact your ODG account manager or email the ODG Helpdesk at <mailto:odghelp@mcg.com>.